



Membership Rewards Program Beginning October 1st at Valhalla Health & Fitness!!

As a way to say “thank you” to our members and show our appreciation to you for your loyalty, Valhalla is now offering a unique way to translate your healthy lifestyle in to dollars.

- Program built on a point based system, which translates to \$\$ to be put on a membership rewards gift card for the member to use here at Valhalla.
- Accumulated points will be calculated by the 5th of each calendar quarter (Jan 5th, April 5th, July 5th.....) and must be redeemed by the 25th (Jan 25th, April 25th, July 25th.....).
- 50 points to equal \$5; 100 points to equal \$10; 200 points to equal \$25; 300 points to equal \$50.

How to accumulate points

- *Check in Rewards:* 1 point per check in (Limit 1 per day).
- *Personal Training Rewards:* 5 points per 1 hour session, 3 points per 1/2 hour session.
- *Kinesis Rewards:* 2 points per class
- *Class Attendance Rewards:* 1 point per class

- ***Nutritional Counseling Rewards:*** 15 points per 1 hr session, 7 points per 1/2 hour session.
- ***RMR Test Rewards:*** 15 points per session.
- ***Massage Rewards:*** 15 Points per session.
- ***Tanning Rewards:*** 5 points each month for unlimited tanners; 2 points per tanning visit for “per visit” tanners and tanning punchcard holders.
- ***Daycare Rewards:*** 1 point per child per paid visit; 6 points per month for 1 child unlimited; 8 points per month for 2 children unlimited; 10 points per month for 3 children unlimited.
- ***Product Sales Rewards—Includes Café & Items from our retail shop:***
 - Spend \$10-\$19—5 points
 - Spend \$20-\$29—10 points
 - Spend \$30-\$39—15 points
 - Spend \$40-\$49—20 points
 - Spend \$50-\$59—25 points
 - And so on.....

Special Points and Exclusions

- Points are not transferable to another member
- Points do not carry over from quarter to quarter—if points are not redeemed by the 25th of the month after the quarter is complete—those points are lost.
- If member terminates or does not renew contract, all accumulated points are null and void. If points had already been redeemed for their reward card then this card is valid for use with no expiration date.
- Membership Reward points cannot be used towards membership dues—they can be used toward all other purchases in the facility.